**PRE-OPERATIVE CHECKLIST**

**Please respect patient privacy. The use of electronic devices for recording purposes is NOT permitted anywhere in the office. This includes cell phones, cameras, iPads, etc.**

Local Anesthetic & Nitrous (LA/N2O) Surgeries:

* With Local & Nitrous surgical procedures, it is okay to have a light meal prior to surgery.

IV Sedation Surgeries:

* You may not have anything to eat for 8 hours prior to surgery, unless instructed for a longer period by your doctor. Clear liquids (water) may be taken up to 3 hours prior to the surgery.
* A responsible adult must accompany you to the office and remain in the office during the procedure. They will be responsible for driving you home. **NO TAXI, UBER, LYFT, ETC.**
* For patient’s safety, it is recommended to have someone stay with the patient 24 hours after surgery.
* You must not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.

All Surgeries:

* You will need to arrive 15 minutes prior to your surgery time. If you arrive late to your appointed time, you may be rescheduled in order to provide the best care.
* Fill your prescription(s) at your pharmacy before surgery. Please refer to the frequency instructions on the prescription(s) or call the office to confirm when to start them.
* If you take routine oral medication, please check with the doctors prior to your surgical date for instructions.
* If Aspirin/Advil or any medications containing Aspirin/Advil are being taken, please make the surgeon aware and recommendations will be made for its modification.
* A parent or guardian must accompany patients 18 years or younger.
* Wear short sleeves for access on both arms or wear loose clothing.
* Do not wear your contact lenses, wear glasses instead.
* Please remove bracelets, watches, or wristbands from wrists and arms. If you have long hair, please place in a loose and low ponytail.
* Nail polish must be removed from at least ONE finger (except clear nail polish). If you have acrylic nails it is recommended to remove the acrylic nail on ONE finger only (this will be the finger your pulse oximeter is placed on). If you do not have the acrylic nail removed, we may have to find another location to place the pulse oximeter or remove the nail with polish remover.
* Please refrain from wearing makeup the day of your surgery. No lotions.
* No smoking cigarettes or marijuana at least 24 hours before surgery, the day of surgery, and the day after surgery.
* Alcoholic beverages and or the consumption of marijuana edibles should be avoided 24 hours before surgery, as well as 24 hours after surgery.
* If you have an illness such as a sore throat, chest congestion, stomach or bowel upset, please notify the office prior to your surgical appointment. If cold sores are present on lips, surgery should be rescheduled.
* If you have any questions regarding any insurance changes, the surgery or anesthesia, please call our offices at Arvada 303-431-0033 or South Lakewood 303-727-8595. We will be more than happy to help you. Insurance issues will be handled before the day of surgery with our financial team.